



APPLICATION CUM DECLARATION FORM

For Health check up at NM Diagnostics Centre

I, Shri/Smt./Ms. _____
Staff / Membership No. _____ wish to avail the Health check up facility
provided by our Bank at NM Diagnostics Centre.

I hereby declare that "I have read the terms & conditions of the "Medical checkup
scheme" and fully understood that The Greater Bombay Co-op. Bank Ltd is not
responsible for the services of the Center or for the results of the test".

This facility is extended to me as a Member / Employee of the Bank with a sole
objective of welfare of the Members / Employee and Bank has no statutory
obligation in implementation of the scheme.

1. Tel/Mobile No.: _____ 2. Date of Birth: _____

3. Email Address: _____

4. Sex: Male Female 5. Preferred Date of Appointment: _____

6. Please select any one of the following package:

- Standard CHC Package (40 years and above)
- Exclusive Male Package (Standard Package + PSA Test + Vitamin D3+Vitamin B12+ Electrolytes)
- Exclusive Female Package (Standard Package+ PAP Smear Test + Mammography Test + Vitamin D3+Vitamin B12+ Electrolytes)

(Exclusive Packages are for Members who are 50 years and above)

7. Center where check up is to be done: _____

Signature of the Applicant: _____

** Note: Kindly enclose Copy of PAN Card or any Age Proof. Original documents
as stated above to be produced for verification at the Branch. All the tests are to
be done at one single Center only. Members/Employees are advised to carry the
Appointment Letter, ID Proof.

For Branch Purpose Only

Branch Stamp with Signature: _____ Branch Receipt Date: _____



GREATER BANK

The Greater Bombay Co-operative Bank Limited (Scheduled Bank)
Corporate Office: Churchgate Chambers, Ground Floor, Sir Vithaldas Thackersey Marg, 5, New Marine Lines, Mumbai - 400 020.
Tel.: 91-22-61285900 | Fax.: 91-22-22076989, 22618530 | info@greaterbank.com | www.greaterbank.com

“TERMS AND CONDITIONS”

THINGS YOU NEED TO REMEMBER PRIOR TO HEALTH CHECK-UP

- Health Checks are done through prior appointments only.
- Shareholders are requested to kindly observe the appointment timings, to facilitate the smooth flow of their Health Check.
- Shareholders are requested to carry their appointment letter duly signed by the Authorized Signatory along with ID Proof bearing Date of Birth. No Health Check-Up will be done without the above mentioned documents.
- Shareholders are requested to visit the branch of NM Diagnostics Centre originally opted by them at the time of application.
- The employee undergoing the health check-up should reach between 8.00 am – 9.00 am or as scheduled by the clinic.
- Minimum of 12 hours fasting is essential prior to the health check-up.
- Breakfast will be provided during the course of checkup.
- May drink water during fasting. Refrain from alcohol at least 48 hours prior to the health check-up.
- Men are requested to shave their chest to ensure a good ECG / Tread Mill Test.
- If you are wearing contact lenses, please remove those 2 days prior to health check-up.
- Wear loose clothing, no jewelry (Necklaces / Chains) and easily removable footwear.
- If you are diabetic, avoid taking your insulin injections / anti diabetic tablets on the morning of Health Check-up. Please carry your insulin / anti diabetic tablets which you can have before or after your breakfast. Other regular medication can be taken as instructed by the doctor. Please carry regular medication along.
- Please bring all your earlier (Within 1Year) medical records and medical accessories like glasses, hearing aid if you have any when you come for Health Check Up.
- In case of any additional Tests / Investigations / Procedures / Consultations at request or if required will be charged separately to the shareholders as per the standard rates by the Clinic.
- Please do not carry urine sample as the same will be collected at the centre on the day of checkup.

Health Checkup Test List

Annual Health Check Program for Greater Bank Employees + Members		Above 40 Yrs. Basic package	50 & Above Yrs. Excl. Package
Key Vitals	Heart Rate	Yes	Yes
	Oxygen Saturation	Yes	Yes
	Blood Pressure	Yes	Yes
	Hip: Waist	Yes	Yes
	Height, Weight & Body Mass Index(BMI)	Yes	Yes
	Blood Group & Rh factor	Yes	Yes
Infection Screening	CBC (16 parameters include Total Leucocytes, Eosinophils, Basophils, Lymphocytes, Monocytes, Hematocrit (PCV), Total RBC Count, Hemoglobin, Mean Corpuscular Volume, Mean Corpuscular Hemoglobin, MCH Concentration, Red Cell Distribution Width, Platelet Count, Platelet Distribution Width & Mean Platelet Volume)	Yes	Yes
	ESR	Yes	Yes
	Routine Urine Analysis	Yes	Yes
Diabetes Screening	Blood Sugar (Fasting) & Blood Sugar (Post prandial)	Yes	Yes
Cardiovascular risk check	Comprehensive Lipid Profile (Total Cholesterol/ HDL Cholesterol/ LDL Cholesterol/ Chol: HDL ratio/ LDL: HDL ratio/ VLDL Cholesterol/ Triglyceride)	Yes	Yes
	ECG (Electro Cardio Gram)	Yes	Yes
	Chest Xray	Yes	Yes
Kidney Health	Basic Renal Profile - BUN / Creatinine / Uric Acid /Serum	Yes	Yes

Liver Health	Basic Liver Profile (SGPT / SGOT / Bilirubin)	Yes	Yes
Radiology & other investigations	Thyroid Profile - T3 / T4 / TSH	Yes	Yes
Cancer Check	Routine Eye checkup (Vision Test) - by Physician at Centre (Near, Far & Colour)	Yes	Yes
	Routine Dental checkup - by Physician at Centre	Yes	Yes
	PAP Smear for Female, above 50 years	No	Yes
	Mammography	No	Yes
	PSA for Male	No	Yes
	Breakfast at Centre	Yes	Yes
Consultations	Physician Consultations / Gynecologist Consultation (For Women) with review and roadmap to good health (30-45mins) after Health Check-up	Yes	Yes
	Additional Dietician Consultation to drive improved medical outcome	Yes	Yes
Electrolyte	Electrolyte (Sodium, Potassium and Chloride, etc)	No	Yes
Vitamin Check	Vitamin D3	No	Yes
	Vitamin B12	NO	Yes

Our Branches for Health checkups (Google map links are available on www.nmmedical.com)

Health 360, Marine Lines	NM Medical, Chowpatty
Darya Nagar House, Next to ICICI Bank, Maharshi Karve Road (Queens Road), East Marine Lines, Mumbai – 400 002 Call on : 4342 9999 (Open from Monday to Saturday)	36, Mehta House, Pandita Ramabai Road, Chowpatty, Mumbai - 400 007 Call on : 4342 5555 (Open from Monday to Saturday)
NM Medical, Parel (West)	NM Medical, Khar (West)
Parel Premises, Gokhale Rd. South, Opposite Motilal Oswal Tower, Lower Parel (West), Mumbai – 400 025. Call on : 4966 2222 (Open from Monday to Saturday)	Junction of 14th & 33rd Road, Off Linking Road, Khar (West), Mumbai - 400 052. Call on : 4342 8888 (Open from Monday to Saturday)
NM Medical, Andheri (West)	NM Medical, Malad (West)
Aver Plaza, In lane Opp. Citi Mall, Behind Maruti Showroom Off New Link Road, Andheri (W), Mumbai – 400053. Call on : 4613 2222 (Open from Monday to Saturday)	Sez Plaza, Near Nutanvidya Mandir School, Marve road, Off S.V Road, Malad (West), Mumbai - 400064. Call on : 4613 3333 (Open from Monday to Saturday)
NM Medical, Borivali (W)	NM Medical, Vikhroli
Swastik Bldg. 18/6, R C Patel Road, Chandavarkar Cr. Rd. no. 2, Next to ICICI Bank, Borivali (West), Mumbai – 400 092 Call on : 4342 4444 (Open from Monday to Sunday)	Shusrusha Hospital, Ground Floor, Kannamwar Nagar 1, Vikhroli (E) Call on : 91520 38469 (Open from Monday to Saturday)
NM Medical, Mulund (West)	NM Medical, Vashi
8 th Floor, Corporate Centre, Nirmal Lifestyles Mall, LBS Road, Mulund (West), Mumbai - 400 080 Call on : 4342 7777 (Open from Tuesday to Sunday)	1 st floor Palm Beach Galleria Mall, Phase 2, Sector 19D, Palm Beach Road, Vashi, Navi Mumbai - 400703 Call on : 86574 14376 (Open From Monday to Sunday)
NM Medical, Pune	NM Medical, Bangalore
Pune Kalyani Nagar, Fortaleza, Pune – 411014. Call on : 020 2660 0505 (Open From Monday to Saturday)	Tower A, Corporate Block, Diamond District, Airport Road, Bangalore – 560 080. Call on : 080 4046 6464 (Open from Monday to Saturday)
Pune – Shivaji Nagar	
Sancheti Hospital, Shivaji Nagar, Pune – 411005 Call on : 020 6527 0505 (Open from Monday to Sunday)	

